

MEMBERSHIP FORM

Membership free.

If you would like to join please complete this form.

Name _____

Address _____

Town _____

Postcode _____

Telephone _____

Particular interest and/or experience

Please detach and return to:

South Warwickshire User Forum

FREEPOST MID 22851

WARWICK

CV34 5BR

Donations welcome

USER EMPOWERMENT PROJECT

Become a user representative and contribute your experience to mental health service planning meetings.

We will arrange transport, pay reasonable expenses and £5.75 an hour for meeting attendance.

To find out more about becoming a user rep or for more information contact:

Graham Lacey

Manager

Tel: 01926 334257

E-mail: grahamlacey@swuf.org.uk

Sue Oldham

Involvement Support Worker

Tel: 07918 704478

E-mail: sue@swuf.org.uk

Supported by

Warwickshire 
Primary Care Trust



SOUTH WARWICKSHIRE USER FORUM

(MENTAL HEALTH)



A voluntary organisation of users and survivors of the mental health services for users and survivors of the mental health services.

Website: www.swuf.org.uk



Registered Charity No. 108048



WHAT WE DO AND HOW WE DO IT

- We actively promote and support the empowerment of users, ex-users and survivors of the mental health services.
- We promote and support the full involvement of users and survivors in the planning, provision and checking of services provided for users and survivors.
- We encourage user participation and self-advocacy in mental health settings.
- We campaign for equal opportunities and choices for users and survivors.
- We challenge discrimination and stigma and promote awareness of the social model of disability.

- We promote and deliver mental health system awareness training run by users and survivors.
- We support other user run groups.

Who can join South Warwickshire User Forum?

Any user or survivor of the mental health services. Allies that share our aims and believe in equality of opportunity for users and survivors are also welcome.

Why should users and survivors join us?

- To gain a voice in the planning, delivery and evaluation of mental health-services.
- To take responsibility, define our own needs and set our own agenda.
- To create opportunities for users and survivors ourselves.

SWUF is controlled and run by users and survivors of the mental health services for users and survivors of the mental health services.

Elected committee of users and survivors meets regularly.

User representatives attend local planning meetings and meet monthly.

User Forum Conferences open to all users and survivors are held annually.

Newsletter keeps members informed.

SWUF is a member of Coventry and Warwickshire User Group Coalition.

